



Montclair Breast Center MRI
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montclairbreastcenter.com

PATIENT INSTRUCTIONS FOR MRI

PROCEDURE: MRI BREAST MRI INSTRUCTIONS:

- Nothing to eat or drink 2 hours before exam. You should take your regular medications on the day of testing with minimum water.
- Do not wear any jewelry other than a wedding band.
- Wear a 2 piece outfit (preferably sweat pants with elastic waistbands).
- If sedated, you must have someone available to drive you home.
- Bring any outside Mammography or MRI films and reports the day of your exam.
- MRI exam needs to be performed between days 5-10 of a menstrual cycle.
- Bring your iPod to listen to during your scan (a selection of Pandora stations are available on site). If you prefer not to listen to music, **earplugs are required** and will be provided during the MRI examination.
- If you are on any hormone replacement therapies including patches, creams and/or vaginal suppositories you must stop them 2 weeks prior to your MRI. Please call our office if you are unable to stop medications.
- If you are 60+, blood work (creatinine level) is required within 1 year prior to your MRI.

SAFETY INSTRUCTIONS:

PLEASE INFORM US IF YOU HAVE THE FOLLOWING:

- Pacemaker
- Artificial Heart Valve
- Removable Dental Work
- Hearing Aid
- Implants/Prosthesis
- Aneurysm Clip
- Wig/Hairclip/Bobby Pins
- If you have done any welding, grinding, or cutting of metal
- If you have any metal in your eyes
- If you had any allergic reactions to contrast for MRI, CT or XRAY
- If you have any kidney problems

Please remove all metallic objects before MR examination including: keys, hair pins, barrettes, jewelry, watch, safety pins, paper clips, money clip, credit cards, coins, pens, belt, metal buttons, pocket knife, & clothing with metal in the material.

WE WILL CALL YOU THE DAY BEFORE YOUR EXAM TO CONFIRM YOUR APPOINTMENT.

Date of MRI:

Arrival Time:
